

ONE28 Ministry Handbook

Content

1. History
2. The Name: One28
3. The Mission
4. The Vision
5. The Plan
 - A. Wednesday Nights
 - B. Sunday Lunches
 - C. Ladies Brunch
 - D. Men's Breakfast
 - E. Bi-Weekly Home Fellowships
 - F. Retreats
 - G. Passages
 - H. Leadership Opportunities for Single Adults
 - I. Discipleship Opportunities for One28 Leaders
 - J. Sundays
 - K. Special Events
 - i. Birthday Wednesday's
 - ii. Thanksgiving Feast
 - iii. Christmas - White Elephant
 - iv. Christmas - Caroling
 - L. Communication
 - i. Email
 - ii. Facebook
6. The Marks of a Mature Disciple
 - a. Submission
 - b. Humility
 - c. Alertness
 - d. Not driven by feelings
 - e. Able to Resist the Devil
 - f. Delay Gratification
 - g. Contentment
 - h. Sense of Responsibility
 - i. Involved in Serving

1. History

The One28 Career Singles Group was established by the elders of Countryside Bible Church (CBC) in April of 2010. Earlier in 2009, Chas and Patti Morse were contacted by Pastor Tom Pennington on behalf of the elders, who realized that because of the increase in numbers and the differing needs and levels of maturity, it was time to separate the college and career group into two separate ministries.

So, after retiring from the Air Force and moving to Texas in 2010, Chas and Patti appeared before the elder board and communicated their philosophy of singles ministry which was reflected in the name chosen - **One28**. This name was based on Colossians 1:28, "We proclaim Him, admonishing every man and teaching every man with all wisdom, so that we may present every man complete in Christ." The career singles group has always had at its core the purpose of leading young adults on the road to further Christlikeness.

The group began meeting bi-weekly on Sunday afternoons immediately following the morning service with about 25 singles sharing Sunday lunch and fellowship at Chas and Patti's home. Several months later, at the request of the elders, they transitioned to meeting every Wednesday night at the Morse home. These meetings included a light meal, worship, in-depth Bible study, prayer, and fellowship. They also continued to meet one Sunday a month for lunch at the Morse home so that those who were unable to attend on Wednesdays could stay connected with the group. Over the course of time, other activities began to blossom throughout the week, to include Friday morning discipleship breakfasts, Scripture memory groups, and many service and social opportunities. Eventually, God grew His ministry to outgrow the Morse home with more than 60 attending on a weekly basis, so One28 was moved to the campus of CBC in April of 2018.

So far we have had almost 350 career singles who have been involved in the past 10 years as we approach this decade mark, and we praise God for how He has blessed His ministry.

2. The Name: *One28*

The name One28 comes from the apostle Paul's letter to the Colossians. In Colossians 1:28, he writes:

"We proclaim Him, admonishing every man and teaching every man with all wisdom, so that we may present every man complete in Christ."

To present someone complete in Christ, is to help them to grow as spiritually mature followers of Christ. This is Paul's mission statement (v. 29) and it is ours as well.

As One28 leaders, it is our desire that the Lord would use us as we make ourselves available to Him and that we present all the single adults complete (mature) in Christ.

3. The Mission

Mission relates to why we exist.

The mission of the One28 ministry is to grow Single Adults in knowing and loving Christ, in proclaiming Christ and being conformed to Christ.

Romans 8:29 *"For those whom He foreknew, He also predestined to become conformed to the image of His Son, so that He would be the firstborn among many brethren;"*

4. The Vision

The vision of One28 is to present every single adult complete (mature) in Christ. We envision the Single Adults of Countryside Bible Church to function as adults and be actively involved in the life of the church, especially in the areas of *serving* (different ministries in the church), *discipling* younger adults and leadership roles (if God has gifted them in this area).

5. The Plan

The way we accomplish our vision is through a number of activities and opportunities, all of which are designed to encourage those who are involved in the One28 ministry and all of which are grounded in the word of God.

A. Wednesday Nights

We want to equip and train CBC Single Adults to be grounded in God's word so that they grow in their faith into mature adults in Christ. To do this we meet once a week on Wednesday evenings for study of God's word, time for accountability and prayer in small groups and through food & fellowship. Here is the planned schedule:

- i. 6:30 PM - Dinner
- ii. 7 - 8 PM - Worship and Lesson
- iii. 8 - 8:30 - Small Groups

B. Sunday Lunches

Groups are encouraged to get together outside of the regular One28 set up, for lunches on Sunday's or any other days to continue the fellowship.

C. Ladies Brunch

Ladies meet throughout the Southlake and surrounding areas once every three months to connect on a smaller setting with other ladies. It is generally time to catch up, pray and minister to each other over brunch.

D. Men's Breakfast

Men meet throughout the Southlake and surrounding areas once every three months to connect on a smaller setting with other men. It is generally time to pray, hear from God's word and minister to each other over breakfast.

E. Bi-weekly Home Fellowships

Home Fellowships are small-group Bible studies that meet once or twice per month in homes around the DFW metroplex. One28ers are welcome to join this group at any time during the year. Home Fellowships provide a wonderful opportunity to make new friends, enjoy deep fellowship with other believers, and spend some quality time studying God's Word.

F. Retreats / Conference

Two major events are planned for the Single Adults. A one-day Spring Conference is planned around the Spring break. The Fall Retreat is planned for September (2nd Thursday-Sunday Week). The spring conference and fall retreat events are intended to foster a time of fellowship and discipleship, they are a time of fun and joy and are built primarily around the teaching of God's word.

G. Passages

As One28ers we desire to grow in our relationship with the Lord through the reading and storing of God's word in our heart. Passages is our group that encourages scripture memorization. Scripture memorization helps us to be conformed to Christ (2 Cor. 3:18), to daily triumph over sin (Ps. 119:9,11; Eph. 6:17), daily triumph over Satan (Matt. 4:1-11), comfort and counsel people (Pro. 25:11), evangelize (Matt. 28:19-20) and in having communion with our heavenly father (Ps. 103:8-14). Men and ladies meet @ Matthew Carrington's home one Sunday a month for a time of fellowship and planned scripture memory time.

H. Leadership Opportunities for Single Adults

It is our desire to provide opportunities for our Single Adults to use the gifts God has given them to serve the body of Christ here at CBC. This is accomplished through a number of avenues like the following: the worship team, prayer team, set up and take down team, attendance team, audio/visual team, events planning team, etc. If you are interested in serving in any of the teams, please reach out to the Single Adults Pastor.

I. Discipleship

Leaders @ One28 are available to disciple the single adults through the Partners 1on1 program. The Partners Program is designed to get the One28er personally connected on a weekly basis with one of the leaders (men meet with men and women with women) in order to help them advance in their understanding and application of biblical themes that are critically important in the Christian life. (<https://countrysidebible.org/partners>). Those Single Adults who have been through Partners and are approved as Partner Leaders are encouraged to take others in the Church through the program (2 Tim. 2:2).

J. Sunday's

On Sunday mornings we encourage One28ers to be involved in the life of the church by being available to serve in the various ministries of the church (Children, Youth, Adult Sunday Schools, and others). (Eph. 4:12)

K. Special Events

- i. **Birthday Wednesday:** We celebrate the birthday's (cake or special dish) of the month on the first Wednesday of the month.
- ii. **Thanksgiving Feast:** On the Wednesday before the Thanksgiving week, we gather together to enjoy a special meal as we take the time to thank and Praise our great God.
- iii. **Caroling (Christmas):**-One28ers get together on one of the Saturday's in December to go caroling as they share the good news of great joy that a Savior was born.
- iv. **White Elephant (Christmas):** On the 3rd Wednesday of December, we get together to have some fun as a young group of Christ followers. We do this through the White Elephant gift exchange. There is lots of food and fun, and opportunity to fellowship with brothers and sisters in Christ.

L. Communication

- i. **Email :** Email will generally be the mode of communication with the Single Adults and will be sent in connection with the weekly meetings, special events and bi-weekly announcements (put together by One28 Admin)
- ii. **Facebook:** One28 has a Facebook page that is managed by One28 Admin. The FB page is used for announcements, info, encouragement and for seeking help. The One28 leaders reserve the right to edit / delete a post, if it does not meet the FB usage guidelines. Following are the guidelines for FB usage for One28
 1. Respect Confidentiality
 2. Respect the Church and the Leaders of One28
 3. Respect Copyright
 4. Before posting, ask yourself: is what I am about to post rooted in truth, are my motives pure in posting this, is this a helpful post, am I looking for conflict, am I bragging or sharing, could this hurt other people, could this hurt me, am I reflecting the God of the Bible

through this post, how would I feel about this post in a day? In a year?
In 10 years?

5. Exercise wisdom overall.

Remember that social media, email and other electronic forms of communication are helpful, however they should not replace calling someone on the phone or interacting with them face to face.

6. **The Marks of a Mature Disciple:** In this section we answer the question what it means to be complete in Christ, in other words what does it mean to be a mature disciple of the Lord Jesus Christ? Below is a list of marks. This is not an exhaustive list but a representative one.

- A. **Submission:** A mature believer is submissive in his/her attitude. To submit is to put yourself under the authority of someone. The Greek word is *hupotasso*, which means “to put under or arrange under.” It is a military word that refers to lower-ranking soldiers arranging themselves under the orders of higher officers. *Submission*, then, comes from an acknowledgment of proper order and authority (Rom. 13:1; Eph. 5:21; Tit. 3:1; Heb. 12:9; 1 Pet. 2:13, 5:5).
- B. **Humility:** A mature believer is marked by humility. The Greek word is *tapeinophrosune* means “lowliness of mind.” It is an heart attitude not merely an outward demeanor (Eph. 4:2; Phil. 2:3; Col. 3:12).
- C. **Alertness:** A mature believer has developed a mindset of not putting his/her guard down but is alert to the attacks from the enemy (Matt. 24:42; 1 Cor. 16:13; Col. 4:2; 1 Thes. 5:6; 1 Pet. 5:8).
- D. **Not driven by feelings:** A mature follower of Christ is not driven by feelings but is rooted in principles and on convictions that are grounded in the word of God (Eph. 4:14-15).
- E. **Able to Resist the Devil:** The word resist translates *anthistēmi*, which means literally “to stand against,” “to oppose.” There is no middle ground, no neutrality. The devil is the slanderer, the accuser of the believer. In submission to God, the mature believer is equipped and has the ability to stand against the accuser (Jam. 4:7).

- F. Delay Gratification:** Instead of falling prey to the cultural pressure of seeking instant gratification a mature believer has developed the ability to delay gratification. King David waited patiently for the Lord to work out all the details for him to be enthroned as the King even though he had many opportunities to become King earlier (Matt. 6:33,16:24-26; Luke 14:28; Gal. 6:9).
- G. Contentment:** To be content is to acknowledge the fact that God has provided us what we need. For the believer, contentment is more than a mere noble human virtue. It is grounded on the sufficiency provided by God the Father and Jesus Christ (1 Tim. 6:6).
- H. Sense of Responsibility:** A mature believer understands his/her obligations. Instead of blaming others he/she takes ownership (Gal. 6:5; 1 Tim. 5:8).
- I. Involved in Serving:** Rather than focused on himself/herself and looking to satisfy his/her needs, a mature believer is focused on others, they are looking to serve the needs of others. In serving others they are emulating their savior who did not come to be served but to serve (Mark 10:45).

Last Update – July 14th, 2022

By – Vikram Pimplekar, *Associate Pastor*

Countryside Bible Church | [250 Countryside Ct | Southlake, TX 76092](#)
Office (817) 488-5381 Ext. 128 | email vikram@countrysidebible.org